SUICIDE PREVENTION REGIONAL COORDINATION

EAST CENTRAL SUICIDE PREVENTION COORDINATOR

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Suicide Prevention Regional Coordination includes:

- Provide technical assistance and support
- Increase awareness of mental health and suicide prevention
- Provide information on the 988 Suicide & Crisis Lifeline, and other statewide and regional mental health and suicide resources
- Prioritize health equity and populations at risk
- Disseminate resources on effective policies, practices, and programs to prevent suicide, guided by the goals and objectives laid out in the Minnesota Suicide Prevention State Plan
- Convene regional meetings to network and encourage collaboration and alignment of those working on mental health promotion and suicide prevention

East Central Counties:

- Chisago
- Isanti
- Kanabec
- Mille Lacs
- Pine

Suicide Prevention Coordination

Suicide Prevention Regional Coordinators work with individuals, organizations, and communities to support community-led suicide prevention efforts.

MN SPRC Trainer Network:

*The Minnesota Suicide Prevention Trainer Network (MNSPTN) was created with one goal in mind – to prevent suicide. Find available trainings, resources, & news **here**.*

Trainings Offered:

- Counseling on Access to Lethal Means
- Changing the Narrative
- Question, Persuade, Refer
- Youth Mental Health First Aid